

**PREMEDICARE
Training School
18-19 May 2026
Stresa, Italy**



PREMEDICARE COST Action “Precision Medicine for Cardiac Arrest” 1st Training School Call for Applications

The PREMEDICARE COST Action is a pan-European network, supported by the EU-COST program, aimed at promoting research and research networks on out-of-hospital cardiac arrest (OHCA) in its broadest sense, with a peculiar focus on the precision medicine for cardiac arrest.

The PREMEDICARE COST Action is planning its 1st Training School on 18-19 May 2026 in Stresa (Maggiore Lake), Italy. The Training School is aimed at promoting the development and research of Young Investigators.

The Training School will be held in the afternoon of the 18 May and in the morning of the 19 May and will be composed of different modules focused on the themes of the Working Groups of the PREMEDICARE COST Action which are:

1. Cause and genetic basis of OHCA in the young
2. Targeted treatment of (potential) OHCA patients
3. Post-resuscitation care and long term burden of OHCA patients

The Young Investigator will be mentored by senior scientists' who are among the main expert about OHCA in Europe and will be divided in small groups. The Young Investigator will be also able to present and discuss their own work (either ongoing work or your research plan for work that has not started yet) which relates to one of the theme of the working groups.

If you are interested to participate as a Young Investigator (< 35 years), please submit your application by 1st March 2025 using this link: <https://forms.gle/yvng1sbyrta3QFPNA>

Please note that a Young Investigator will be considered someone under the age of 35 years old on the day of the PREMEDICARE COST Action Training School.

The PREMEDICARE selection committee will be able to choose up to 18 Young Investigators from all applications received and applicants will be notified by the end of March 2026.

It is planned that those Young Investigators will receive the reimbursement accordingly to COST rules to support the cost of travel and accommodation (please see ANNOTATED RULES FOR COST ACTIONS - Level C – COST Actions - A1-3.1 TRAVEL REIMBURSEMENT RULES).

The Management Committee and the Core Group have decided that the daily allowance is 165 euros/day, whilst the maximum reimbursement for Long-Distance Travel is 500 euros.

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The Young Investigator who will be accepted to the Training School will be encouraged to submit their application to participate also to the Scientific Meeting, which will be held from the afternoon of 19 May to 21 May 2026 in the same location, but which is a separate meeting. A separate reimbursement will be provided for the Scientific Meeting.

We hope to meet you in Stresa,

Kind regards,

On behalf of the PREMEDICARE consortium,

The Organizing Committee: Enrico Baldi, Hanno Tan, Giuseppe Ristagno, Andrea Scapigliati, Natalia Oliva Teles, Silke Kauferstein, Charlotte Glinge, Willem Kop, Marco Mion, Martin Jonsson, Roberto Primi, Sebastian Schnaubelt, Tommaso Scquizzato

PRACTICAL INFORMATION

Meeting Venue: *Hotel La Palma - Corso Umberto I, 33, 28838 Stresa VB*

Stresa: The famous town of Stresa (Italy, 5000 inhabitants, 200 m above sea level) enjoys a splendid location on Lake Maggiore in the Gulf of Borromeo, where it overlooks the eponymous islands, the main attraction in the region. Its beautiful countryside, architectural gems and mild climate combine to make Stresa one of the most popular tourist attractions in Italy. The Borromean Islands, with their stunning palaces and ornamental gardens, are an unmissable destination for aesthetes. Luxury villas and opulent Art Nouveau hotels line the elegant lakeside, which is ideal for a tranquil stroll. Since the late 19th century, Stresa has been renowned for its sophisticated atmosphere and genteel visitors, and today still enjoys an impressive roster of cultural, musical and meeting events.

How to get there: Stresa can be easily reached from Milano Malpensa Airport (45 minutes by car – and there is a bus shuttle every 2 hours available - there is one at 12.00 with it is perfect to arrive within the start of the meeting) or from Milano Porta Garibaldi Station (90 minutes by train). There is also the possibility to come by train from Malpensa Airport to Stresa (1h30 mins more or less with 1 train change).

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DRAFT OF THE PROGRAMME

Day 1 Training School – Monday 18th May 2025

13.30 – 14.00: Welcome In

14.00 – 15.45 Training School

- Presentation of PREMEDICARE COST Action
- Presentation of Trainers and Trainees. The trainees will be asked for their expectations and objectives
- Lecture “How to create guidelines: the ERC 2025 Guidelines”

15.45 – 16.15 Coffee Break

16.15 – 17.30 Training School – Presentations by experts

- How genetics can predict and prevent cardiac arrest
- First Responders’ systems in Europe: where we are and where we are going
- The role of AMSA in cardiac arrest
- The role of genetics and forensic pathology after cardiac arrest
- Survival and recovery: the importance of the new link of ERC Chain of Survival

17.30 – 18.00 Remarks and conclusion for day 1 and explanation of day 2

From 19.00 – 20.00: Social activity & dinner

Day 2 Scientific Meeting – Tuesday 19th May 2025

08.30 – 10.30 Training School – Small Groups - The participants will be divided in 4 groups, and each group will join each station. During the station the learning objective will be to focus on identifying knowledge gaps to foster future research.

- Basic science of cardiac arrest and resuscitation
- Epidemiology and System response
- Prognostication and long-term survival
- Genetics and Autopsy

10.30 – 10.45 Coffee Break

10.45 – 12.45 Training School - Small Groups – as above

12.45 – 13.00 Closure and objective remarks